The 2019 Bill Collins Symposium for Parkinson’s disease, supported through the Jewish Hospital and St. Mary’s Foundation, is a collaboration of UofL Physicians and Frazier Rehab Institute. Speakers from our interdisciplinary Movement Disorders Clinic will provide insights into a variety of topics affecting patients with Parkinson’s disease. Our keynote speaker Dr. J. Eric Ahlskog, a neurologist at Mayo Clinic and professor at Mayo Clinic Alix School of Medicine, is the author of hundreds of medical articles and the very popular book “The New Parkinson’s Disease Treatment Book”.

**SYMPOSIUM IS FREE**
**REGISTER BY FEBRUARY 25, 2019**

Call 502-582-7654 or email UofLPhysiciansMovement@ULP.org the following information:
Name, Number of Guests, and Telephone Number

**Saturday, March 2, 2019**
**8:30 A.M. – 12:15 P.M.**
Rudd Heart & Lung Building Conference Center
220 Abraham Flexner Way • Louisville, KY

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**About Jewish Hospital & St. Mary’s Foundation**

The Jewish Hospital & St. Mary’s Foundation, a part of KentuckyOne Health, provides critical philanthropic support made possible by our generous donors. Charitable donations to the Jewish Hospital & St. Mary’s Foundation have funded advances in treatments and technology and provided a skilled team of caregivers who devote their lives to saving lives. Your gift will help fund innovation and exceptional clinical care that brings wellness, healing and hope to all. And your support allows KentuckyOne Health to empower healing hands to lift up those in need.

For more information about the Jewish Hospital & St. Mary’s Foundation, visit KentuckyOneHealth.org/WaysToHelp.

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**About UofL Physicians**

UofL Physicians – Neurosciences – Parkinson’s Disease and Movement Disorders is committed to the development of new advancements and treatments that improve the lives of patients suffering from these disorders.
Agenda

8:30 – 8:55 a.m.  Registration and Breakfast

8:55 – 9 a.m.  Welcome  
(Kathrin LaFaver, M.D.)

9 – 10 a.m.  Keynote Talk: Debunking Ten Myths that May Sabotage Treatment of Parkinson’s Disease  
(J. Eric Ahlskog, M.D., Ph.D.)

10 – 10:30 a.m.  Active Break: Dance for Health  
(David Thurmond)

10:30 – 11 a.m.  The Microbiome in Parkinson’s Disease and Dementia: Updates on the Gut-Brain Connection  
(Robert Friedland, M.D.)

11 – 11:30 a.m.  Supporting Caregivers of Persons Coping with Parkinson’s Disease  
(Karen Robinson, Ph.D., FAAN)

11:30 – 11:45 a.m.  Break

11:45 a.m. – 12:15 p.m.  Ask the Experts – Panel Discussion  
(J. Eric Ahlskog, M.D., Ph.D.,  
Kathrin LaFaver, M.D.,  
Victoria Holiday, M.D., and  
Laura Dixon, DNP, APRN)

12:15 p.m.  Adjournment

Speakers

J. Eric Ahlskog, M.D., Ph.D.
Dr. Ahlskog attended graduate school at Princeton University and Medical School at Dartmouth University, followed by a medical internship at the University of Chicago and Neurology Residency at Mayo Clinic. He has been on staff at Mayo Clinic since 1981, and is a Professor of Neurology at Mayo Clinic. He has published 250 manuscripts in peer-reviewed medical and scientific journals, most related to Parkinson’s disease and movement disorders. He is author of “The New Parkinson’s Disease Treatment Book,” a widely popular guide for people with Parkinson’s disease and their families, and the companion book for doctors entitled “Parkinson’s Disease Treatment Guide for Physicians,” both published by Oxford University Press.

David X. Thurmond
Professional dancer, choreographer and teacher David Thurmond has led a “Dance for Health” workshop for patients with Parkinson’s disease at the Bill Collins Parkinson’s Resource Center over the past two years. He has previously presented dance workshops in a variety of healthcare settings. “Dance for Health” is designed to improve motor skills, promote relaxation and enhance physical confidence in an enjoyable social environment of mutual support.

Robert Friedland, M.D.
Dr. Friedland obtained his medical degree from Mount Sinai School of Medicine, followed by a fellowship in brain aging and dementia at the Albert Einstein College of Medicine in New York. Among other appointments, he served as the Deputy Clinical Director and Chief of the Brain Aging and Dementia Section at the National Institute on Aging. In 2008, he came to the University of Louisville and became Chairman and Professor of Neurology & Anatomical Sciences and Neurobiology, and the Rudd Chair. He is currently Chief of the Laboratory of Neurogeriatrics at the University of Louisville. Dr. Friedland’s work has focused on multidisciplinary approaches to neurodegenerative diseases in an effort to uncover the environmental factors responsible for their development and develop effective preventive and therapeutic measures.

Karen Robinson, Ph.D., FAAN
Dr. Robinson is Professor Emerita at the University of Louisville School of Nursing. She earned her Ph.D. from Indiana University – Purdue University at Indianapolis. Her research interest includes the development and testing of interventions to improve outcomes for family caregivers and persons with dementia. She has published and presented findings of her caregiver research to local, state, national, and international audiences. Dr. Robinson’s honors include: Inaugural American Academy of Nursing AARP Fellow; UK Celebration of 50 Outstanding Alumni, Lexington, KY; and Anne Blinec Conboy Outstanding Service in Nursing Award. She is currently implementing a Memory Wellness and Dementia Care Private Practice.

Kathrin LaFaver, M.D.
Dr. LaFaver is Director of the Movement Disorders Clinic, Raymond Lee Lebby Chair in Parkinson’s Disease Research, and Assistant Professor of Neurology at the University of Louisville. She completed a neurology residency at Mayo Clinic in Rochester, Minn., and Movement disorder fellowships at Beth Israel Deaconess Medical Center in Boston and the National Institutes of Health in Bethesda, Md. Her research interests are maintenance of good quality of life in Parkinson’s disease and functional movement disorders. In collaboration with the UofL School of Medicine and the Parkinson’s Disease Support Center of Kentuckiana, she has established the “PD Buddy Program,” a community outreach program between first year medical students and patients with Parkinson’s disease, currently in its fourth year.

Victoria Holiday, M.D.
Dr. Holiday is an Assistant Professor of Neurology, Medical Director of the Deep Brain Stimulation program and leader of the Movement disorders teleneurology program at UofL. She is a native of eastern Kentucky and studied medicine at the University of Kentucky in Lexington. Dr. Holiday completed her residency in neurology at the University of Utah in Salt Lake City and finished a two-year fellowship in movement disorders at Oregon Health and Sciences University in Portland, Ore. Her goal is achieving the best treatment outcomes for all patients using pharmacologic and non-pharmacologic approaches such as exercise. Dr. Holiday has a passion for patient education and is a frequent lecturer for medical students and residents on the topic of movement disorders.

Laura Dixon, DNP, APRN
Dr. Dixon is a native of Louisville, Ky. She earned master’s and doctorate degrees from Frontier Nursing University and a master’s degree in public administration from the University of Louisville. She has experience in both inpatient and outpatient neurology at Jewish Hospital and Vanderbilt University Medical Center. She has been with the UofL Physicians Movement Disorders Clinic since 2015. Her special interests are Parkinson’s disease, management of patients with DBS and enteral infusion therapy, and medication-induced movement disorders.