

HIPAA PERMITS DISCLOSURE OF MOST TO OTHER HEALTH CARE PROFESSIONALS AS NECESSARY

MOST
Medical Orders for Scope of Treatment

This document is based on this person's medical condition and wishes. Any section not completed indicates preference for full treatment for that section.

Patient's Last Name:

Effective Date of Form:

Form must be reviewed at least annually.

Patient's First Name, Middle Initial:

Patient's Date of Birth:

Section A

Check One Box Only

CARDIOPULMONARY RESUSCITATION (CPR): PERSON HAS NO PULSE AND IS NOT BREATHING.

- Attempt Resuscitation (CPR) Do Not Attempt Resuscitation (DNR/no CPR See attached EMS/DNR)

When not in cardiopulmonary arrest, follow orders in B, C, and D.

Section B

Check One Box Only

MEDICAL INTERVENTIONS: PERSON HAS PULSE AND/OR IS BREATHING.

- Full Scope of Treatment:** Use intubation, advanced airway interventions, mechanical ventilation, cardioversion as indicated, medical treatment, IV fluids, etc.; also provide comfort measures. Transfer to hospital if indicated.
- Limited Additional Intervention:** Use medical treatment, IV fluids and cardiac monitoring as indicated. Do not use intubation or mechanical ventilation; also provide comfort measures. Transfer to hospital if indicated. Avoid intensive care.
- Comfort Measures:** Keep clean, warm and dry. Use medication by any route, positioning, wound care and other measures to relieve pain and suffering. Use oxygen, suction and manual treatment of airway obstruction as needed for comfort. Do not transfer to hospital unless comfort needs cannot be met in current location.

Other Instructions _____

Section C

Check One Box Only

ANTIBIOTICS

- Antibiotics if life can be prolonged
- Determine use or limitation of antibiotics when infection occurs.
- No Antibiotics (use other measures to relieve symptoms).

Other instructions _____

Section D

Check One Box Only in Each Column

MEDICALLY ADMINISTERED FLUIDS AND NUTRITION: OFFER ORAL FLUIDS AND NUTRITION IF PHYSICALLY FEASIBLE.

- | | |
|--|--|
| <input type="checkbox"/> IV fluids long-term if indicated | <input type="checkbox"/> Feeding tube long-term if indicated |
| <input type="checkbox"/> IV fluids for a defined trial period | <input type="checkbox"/> Feeding tube for a defined trial period |
| <input type="checkbox"/> No IV fluids (provide other measures to ensure comfort) | <input type="checkbox"/> No feeding tube |

Other instructions _____

Section E

Check The Appropriate Box

DISCUSSED WITH AND AGREED TO BY:

Basis for order must be documented in medical record.

- | | |
|--|--|
| <input type="checkbox"/> Patient | <input type="checkbox"/> Majority of patient's reasonably available parents and adult children |
| <input type="checkbox"/> Parent or guardian if patient is a minor | <input type="checkbox"/> Majority of patient's reasonably available adult siblings |
| <input type="checkbox"/> Health care agent | <input type="checkbox"/> An individual with an established relationship with the patient who is acting in good faith and can reliably convey the wishes of the patient |
| <input type="checkbox"/> Legal guardian of the person | |
| <input type="checkbox"/> Attorney-in-fact with power to make health care decisions | |
| <input type="checkbox"/> Spouse | |

MD, DO, NP, PA Signature

MD,DO, NP, PA (Print Name)

Medical Director

Signature of Person, Parent of Minor, Guardian, Health Care Agent, Spouse, or Other Personal Representative
(Signature is required and must either be on this form or on file)

I agree that adequate information has been provided and significant thought has been given to life-prolonging measures. Treatment preferences have been expressed to the physician (MD/DO), physician assistant, or nurse practitioner. This document reflects those treatment preferences and indicates informed consent. *If signed by a patient representative, preferences expressed must reflect patient's wishes as best understood by that representative. Contact information for personal representative should be provided on the back of this form.*

You are not required to sign this form to receive treatment.

Patient or Representative Name (Print)

Patient or Representative Signature

Relationship (write "self" if patient)

SEND FORM WITH PATIENT/RESIDENT WHEN TRANSFERRED OR DISCHARGED

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Patient Representative:	Relationship:	Phone #:	Cell Phone #:
Health Care Professional Preparing Form: Print Name	Health Care Professional Preparing Form: Signature	Preferred Phone #:	Date Prepared:

DIRECTIONS FOR COMPLETING FORM

COMPLETING MOST

- MOST must be reviewed and prepared by a health care professional in consultation with the patient or patient representative.
- MOST must be reviewed and signed by a healthcare professional to be valid. **Be sure to document the basis in the progress notes of the medical record.** Mode of communication (e.g., in person, by telephone, etc.) should also be documented.
- The signature of the patient or their representative is required; however, if the patient's representative is not reasonably available to sign the original form, a copy of the completed form with the signature of the patient's representative must be placed in the medical record and "on file" must be written in the appropriate signature field on the front of this form or in the review section below.
- Use of original form is required. **Be sure to send the original form with the patient.**
- MOST is part of advance care planning, which also may include a living will and health care power of attorney (HCPOA). If there is a HCPOA, living will, or other advance directive, a copy should be attached if available. **MOST may suspend any conflicting directions in a patient's previously executed HCPOA, living will, or other advance directive.**
- There is no requirement that a patient have a MOST.

REVIEWING MOST

This MOST must be reviewed at least annually or earlier if:

- The patient is admitted and/or discharged from a health care facility;
- There is a substantial change in the patient's health status; or
- The patient's treatment preferences change.
- If MOST is revised or becomes invalid, draw a line through sections A – E and write "VOID" in large letters.

REVOCATION OF MOST

This MOST may be revoked by the patient or the patient's representative.

Review of MOST

Review Date	Reviewer and Location of Review	MD/DO, PA, or NP Signature (Required)	Signature of Patient or Representative (Required)	Outcome of Review
				<input type="checkbox"/> No Change <input type="checkbox"/> FORM VOIDED, new form completed <input type="checkbox"/> FORM VOIDED, no new form
				<input type="checkbox"/> No Change <input type="checkbox"/> FORM VOIDED, new form completed <input type="checkbox"/> FORM VOIDED, no new form
				<input type="checkbox"/> No Change <input type="checkbox"/> FORM VOIDED, new form completed <input type="checkbox"/> FORM VOIDED, no new form
				<input type="checkbox"/> No Change <input type="checkbox"/> FORM VOIDED, new form completed <input type="checkbox"/> FORM VOIDED, no new form
				<input type="checkbox"/> No Change <input type="checkbox"/> FORM VOIDED, new form completed <input type="checkbox"/> FORM VOIDED, no new form

SEND FORM WITH PATIENT/RESIDENT WHEN TRANSFERRED OR DISCHARGED

MOST is not yet recognized in Kentucky as a statutory document, HOWEVER, this form supplements the information received on the Kentucky Living Will / EMS-DNR document attached.